



# A brief about CHINAR

Central Himalayan Institute for Nature & Applied Research

# CHINAR

(Committed to mountain ecosystem & mountain communities)



A member of FAO Mountain Partnership & IUCN NatureForAll

## Who we are

CHINAR (Central Himalayan Institute for Nature & Applied Research) was established in the year 2016 and registered under Trust Registration Act 1882. We are committed for the development of Himalaya ecosystem and Himalayan communities.

We are based in the Indian Himalaya and engaged in applied research & development, environmental education and capacity development related to sustainable mountain ecosystems for sustainable livelihoods of the mountain communities.

Our Vision: ***Sustainable Mountain Ecosystems for Sustainable Livelihoods***

## Thematic Areas

- ❖ Livelihoods
- ❖ Biodiversity & ecosystem services
- ❖ Climate change
- ❖ Sustainable agriculture
- ❖ Clean & renewable energy
- ❖ Capacity development
- ❖ Sustainability education
- ❖ Health & nutrition

## Our Programmes

### Health & Nutrition

CHINAR and Vitamin Angels has partnered together to serve the communities and meet their nutritional needs. As part of this project, Vitamin A, deworming and multi-vitamins



Health & Nutrition camp in rural Bageshwar

supplements are being provided to children and women in Uttarakhand and Laddakh. So far almost 3000 children and 124 women have been benefitted from this programme.

### Food Profiling of Indigenous Food System of Himalaya

Mountain Partnership of Food and Agriculture Organization (FAO) of the United Nations has partnered with CHINAR to document the indigenous food profiling system of Indian

Himalayan village. CHINAR conducted the study in Namik village of Pithoragarh in Uttarakhand. Agro-biodiversity, impact of climate change on food system, dependency on forest ecosystem and sustainable practices in agriculture were documented in the study.

## Clean Energy

Capacity development workshop on clean and energy efficient smokeless cook stoves made from locally available material is being given to the community in Uttarakhand. Mainly women are being trained so that they can construct their hearth after return. The stoves are constructed using stone, red soil, and cow dung. Chimney is prepared from tin can. These stoves has provision of two pots and can save fire wood by 40% which minimizes pressure on the adjoining forest.



Construction of smokeless energy efficient stove

## Capacity Development

Memorandum of Understanding (MoU) has been signed with Xavier School Sustainability, Xavier's University

Bhubaneswar for Sustainability Development Programme (SDP) and Wipro Foundation as part of their Earthian Sustainability Programme. Each year students from XSoS and from other management and law colleges come to CHINAR for internship which is part of their credit course. Till date fourteen students have completed their internship's with us. Five published and presented their study in International conferences.



CHINAR participation in International Conference

Addition to this capacity development workshops are organized in colleges and schools.

## Environmental Awareness Programmes

We are connecting citizens with nature through our outdoor nature connect programmes on environmental awareness. Environmental hikes and bird watching programmes are organized for citizens in Nainital. Certificate bird watching courses for beginners are organized for students,

environment lovers and guides.



**Bird watching course**

We have also designed environmental learning expeditions for school students and citizens which people can join.

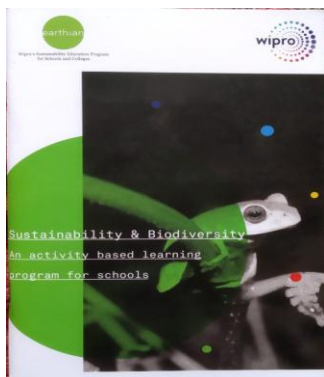
## WIPRO Earthian Sustainability Programme

CHINAR is the nodal agency of WIPRO

Foundation for the promotion of Earthian Sustainability Programme in

Uttarakhand. As

part of this programme, workshops in schools are being conducted on biodiversity, water and waste management. The students work in groups and submit their project for national completion where there are reviewed by a jury and felicitated at national level.



## Responsible Tourism

We are promoting responsible rural tourism in the Himalayan villages of Bageshwar and Pithoragarh in Uttarakhand to improve the livelihoods of the marginal farmers and minimize

migration from the mountains. It is also to promote the ecological and cultural heritage of the Himalaya among the tourists.



**Tourist learning traditional dance from villagers during their home stay**

As part of this programme, home stay, camping sites, hiking, trekking, and angling are being promoted in rural areas. Village level tourism committees have been formed for sustainability of the programme.

## Enterprise Development

We are developing rural enterprise through value addition, branding and marketing. Organically grown pulses, spices, pasteurized butter and flavoured salt is being packaged and marketed in local markets.



**Packaging and branding of local products**



## Promoting Cultural & ecological Heritage of Himalaya

United Nations has declared 11<sup>th</sup> of December as International Mountain Day (IMD). We have been celebrating IMD since 2017 to promote the cultural and ecological heritage of the Himalaya. Cultural folk dance, agro-biodiversity, food and handicraft of indigenous mountain communities



IMD celebration 2019

## Awards received

### Certificate of Merit

CHINAR awarded with Certificate of Merit at the World CSR Congress in Mumbai on 18th of February 2018 for its work in sustainable mountain development in the Indian Himalaya.



CHINAR Chairman with World CSR Certificate

### Sustainable Himalayan Tourism Samman 2019

CHINAR felicitated with Himalayan Sustainable Tourism Samman 2019 by PHD Chamber of Commerce, UNDP and Uttarakhand Tourism Development Board for Developing Sustainable Tourism site in Uttarakhand.



Himalayan Tourism Samman Trophy

### GuideStar India Transparency Key Award

We have received GuideStar India Transparency Key award for 2018-2019 and have joined India's largest pool of credible NGOs after undergoing a rigorous due diligence process.



## Trustees



**Dr. Pradeep Mehta, Founder Trustee  
& Chairman**



**Ghanshyam Kalki Pande, Trustee**



**Ram Singh Koranga, Trustee**

## Advisory Board



**Dr. B.S. Bisht**

(Director Birla Institute Bhimtal)



**Neeraj Negi**

(GEF Washington DC)



**Dr. S.S. Samant**

(Direct HFRI, Shimla)



**Dr. Neeraj Khara**

(Team Leader HWC GIZ)



## Memberships



## Our Partners



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